

University of Pretoria Yearbook 2022

Life orientation 111 (JLO 111)

Qualification	Undergraduate
Faculty	Faculty of Education
Module credits	12.00
NQF Level	05
Service modules	Faculty of Health Sciences
Contact time	2 lectures per week
Language of tuition	Module is presented in English
Department	Early Childhood Education
Period of presentation	Semester 1

Module content

To empower the student teacher to achieve and extend his/her personal potential by addressing changes in youth behaviour. The module focuses on characteristics that have been identified in research to bring about positive behaviour change. Students are guided to develop knowledge and skills with regard to physical development and movement as one of the topics of the subject Life Orientation. The module also focuses on certain aspects of sport psychology as well as physiological dimensions needed to assess the movement skills of learners. The practical component focuses on learning and teaching of sport and human movement development skills for the school sport teaching and training environment. This practical component forms the foundation for the following study years.

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